




The Insider's Guide

to Senior Living Communities

Find the Place That's Right for You



KINGSWOOD
Kansas City's
SENIOR LIVING SWEET SPOT



The More You Know, *the Easier Your Choice.*

Visiting senior living communities is very exciting! You can discover the diverse options available and the differences between them. With on-site visits, you get a real feel for what your lifestyle could be like and see firsthand all the services and amenities each community offers.

But some advice to improve your visits? **Know before you go!**

The truth is, comparing senior living communities is like comparing apples to oranges. Each one is different, there's a lot to learn, and the process can be overwhelming. So, do a little research before you visit.

We can help.

We've included helpful tips to give you a bit of insight before you visit and checklists to take with you to help evaluate each community. Make copies of the checklists to take to your various community tours. Take notes and write down questions you want answered.

With each visit, make sure you are greeted appropriately, shown all aspects of the community you are interested in and have your questions answered. It's easier to make the right decision when you have all the information you need.

We hope this guide is helpful in your search for the senior living community that's right for you.

Speak the Language

There's a lot to know about senior living communities – and the first thing to know is what people are talking about! Learn the language of senior living before you visit so you clearly understand what is being discussed.

Independent Living

Independent Living is an option that offers seniors the opportunity to live largely independently in a residential setting, engaging in community life while also enjoying the luxuries of private accommodations, usually in an apartment or villa. Independent Living typically offers a variety of services and amenities that make life easier than living alone, from housekeeping and maintenance to dining services and socialization. These communities promote healthy aging with a variety of wellness programs, educational and cultural opportunities, and the company of peers.

Assisted Living

Assisted Living provides a combination of housing, personal care services and health care designed for individuals who need assistance with normal daily activities (such as bathing, dressing and medication management, etc.), in a way that promotes maximum independence. Assisted Living can be provided in a stand-alone residence or as part of a continuum of care in a senior living community.

Memory Support

Memory Support is specialized care for people living with Alzheimer's and other forms of dementia. It can be provided in a stand-alone Memory Support community or in a safe, secure area of a senior living community. The staff usually has specialized training to provide the quality care needed for seniors with memory loss. Most Memory Support communities feature safe and secure environments that allow residents to move about freely, without restriction or constraint.

Key Terms To Learn

Location

Continuing Care Retirement Community or Life Plan Community

A Continuing Care Retirement Community (CCRC) or Life Plan Community is a single community that offers Independent Living, a variety of services, increased levels of care as needs change and a variety of social activities – all in one place. CCRCs offer different contract options to residents, including:

Life Care Type A: This contract typically requires the highest one-time entrance fee and monthly fees since residents are prepaying for health care services – including Assisted Living, Memory Support and Long-Term Skilled Nursing Care – they may need in the future.

Life Care Type B (Modified): Offered at Kingswood, this contract has a lower entrance fee and monthly fees than a Type A contract. It includes the same residential services as a Type A, yet offers a health care discount on the cost of health-related services for life if you should need them.

Life Care Type C (Fee-for-Service): This contract typically has the lowest entrance fee and monthly fees. However, a Type C contract may also have limited health care discounts or length of stays, as well as potential à la carte services.

Rental Communities

Senior rental communities provide maintenance-free accommodations with a variety of services and amenities. Health care services may or may not be offered on site. If not offered, you or your loved one may need to make another move and couples may be separated.

What Do You Envision for Your Future?

Before you begin your visits, try to narrow down exactly what it is you're looking for. Would it be better to select a community that offers everything you'll ever need now and in the future so you only have to make one move? Or are you willing to take a chance on a community that doesn't have all the services, amenities, residence options or care levels you may need or want?

Get your checklists and questions ready and get visiting!

Community: _____ Date: _____

CONSIDERATION	NOTES
Is the community in a desirable and easily accessible location?	
Are there conveniences nearby? Shopping? Restaurants? Medical facilities?	
Is the landscaping well maintained?	
Are access roads throughout the community well cared for?	
Is there easy access to the highway?	
Is there a university or college close by?	
Is there ample parking? A garage? Is covered parking available?	

Financial

Lifestyle

Community: _____

Date: _____

CONSIDERATION	NOTES
<p>What type of community is it? <input type="checkbox"/> Rental <input type="checkbox"/> CCRC/Life Plan</p>	
<p>What are the entrance fees, if any?</p>	
<p>Are fees refundable?</p>	
<p>What is the monthly fee?</p>	
<p>How long has the community been in operation?</p>	
<p>How do the community's health services complement a long-term care insurance policy?</p>	
<p>Is the community not-for-profit, thereby benefiting from all revenue?</p>	

Community: _____

Date: _____

CONSIDERATION	NOTES
<p>What amenities are offered?</p> <ul style="list-style-type: none"> <input type="checkbox"/> Multiple Dining Venues <input type="checkbox"/> Bar <input type="checkbox"/> Movie Theater <input type="checkbox"/> Fitness Center <input type="checkbox"/> Individual and Group Fitness Classes <input type="checkbox"/> Pool <input type="checkbox"/> Spa/Salon <input type="checkbox"/> Walking Trails <input type="checkbox"/> Convenience Store <input type="checkbox"/> Library <input type="checkbox"/> Dog Park <input type="checkbox"/> Outdoor Living Spaces <input type="checkbox"/> Gardens 	
<p>Is there a monthly calendar of events? Are there multiple options every day?</p>	
<p>Are spiritual services held in the community? Is there a full-time chaplain?</p>	
<p>Do residents look happy?</p>	
<p>Are people participating in activities?</p>	

Services

Community: _____

Date: _____

CONSIDERATION	NOTES
Is housekeeping/flat linen service available or provided? How often?	
Is scheduled transportation provided to surrounding events/activities?	
Are there flexible dining options?	
How many meals are included in the monthly fee?	
Can guests dine at the community?	
Is interior maintenance provided?	
Is exterior maintenance provided?	

Residences

Community: _____

Date: _____

CONSIDERATION	NOTES
What types of residences are available on campus? <input type="checkbox"/> Villas <input type="checkbox"/> Apartment Homes	
Is there a variety of floor plan choices?	
Do residences include appliances?	
Is there ample storage space?	
Is there ample closet space?	
Is there in-unit laundry, or are laundry services available?	
Can personal upgrades be made to residences (painting, flooring, etc.)?	
What utilities are covered in the monthly fee?	
Do residences have balconies or patios?	

Levels of Care

Community: _____

Date: _____

CONSIDERATION	NOTES
<p>What type of care contract is offered?</p> <p><input type="checkbox"/> Life Care Type A <input type="checkbox"/> Life Care Type B (Modified) <input type="checkbox"/> Life Care Type C (Fee-for-Service) <input type="checkbox"/> No Care on Site</p>	
<p>What care services are offered?</p>	
<p>Is there a health center on site?</p>	
<p>Is there someone to coordinate care/ transitions?</p>	
<p>What are the costs? Do I get a discount on health care?</p>	
<p>Am I paying for health care services I may never need?</p>	
<p>Will care be available if I need it?</p>	

Security and Safety

Community: _____

Date: _____

CONSIDERATION	NOTES
<p>Do visitors register upon entering and exiting the building?</p>	
<p>Is there someone available 24/7, such as a front desk clerk or patrol officer?</p>	
<p>Does the community have a severe weather plan?</p>	
<p>What emergency response system is available inside the residences?</p>	
<p>Does security regularly patrol the property?</p>	
<p>Does the community have a backup generator?</p>	

About Kingswood

Located in Kansas City, Kingswood Senior Living offers choice, security and value. We support seniors who want to stay healthy and active in a friendly, social environment within the city they love.

Live connected to everything in Kansas City. With the community's location on Wornall Road and I-435, you'll have access to popular shopping areas, entertainment and cultural venues, churches, restaurants, medical centers and more. Community transportation services make it easy to get where you want to go.

Easy To Stay Active ... Easy To Stay Connected

Part of the Kansas City community since 1982, Kingswood is an active, engaging neighborhood of friends with real Midwestern values. The Kingswood residents love their city and continue to enjoy a life of civic involvement, contribution and pride.

An array of services and amenities, including housekeeping, maintenance, scheduled transportation and a variety of dining venues, free up residents' personal time and enhance the Independent Living experience. An indoor swimming pool, fitness center, library, business center, banking services, convenience store, and salon services for both men and women are just a few of the on-site conveniences adding value to a lifestyle filled with choice.

An Authentic Lifestyle of Health and Wellness

Our community offers residents access to quality health services – Assisted Living, Long-Term Skilled Nursing Care, Memory Support, Rehabilitation and more. With all this under one roof – at a discounted rate for life if needed – you'll enjoy security and peace of mind for the future.

All-Encompassing Value

As a not-for-profit Life Plan Community, Kingswood represents outstanding value. Choose from spacious residential living options – apartment homes and villa homes – secured by either a Life Care Type B contract or a monthly rental agreement. Life Care Type B contracts include a 90% or 50% refund option.

Your Next Step

Visit this true Kansas City original. Arrange for a personal appointment today by calling **(816) 442-3276** or reach us by email at info@kingswoodretirementliving.com.

Sincerely,

Kingswood Marketing Team

10000 Wornall Road | Kansas City, MO 64114
(816) 442-3276 | www.KingswoodRetirementLiving.com

